

‘Sins and Hearts’

A Couplet by Abdullaah bn Mubaarak [d.181AH]

Translated by Aboo Aamir Ishaq bn AbdirRaheem

رَأَيْتُ الذُّنُوبَ قَمِيتُ الْقُلُوبَ ** وَيُتْبِعُهَا الذُّلَّ إِدْمَانُهَا
وَتَرَكْتُ الذُّنُوبَ حَيَاةُ الْقُلُوبِ ** وَخَيْرٌ لِنَفْسِكَ عَصِيَانُهَا

I see sins as muffling the hearts

Persistence in them is carries dishonour

Forsaking sins invigorates the hearts

The best for your soul is to disobey [your] sins.

Source: Deewan Abdillaah bn Mubaarak p.36

May Allaah grant us the ability to know sins as they are and the ability to shun them.